



# The Weekly Pines

## Manly Campus

Northern Beaches Secondary College

Academic Excellence ★ Personal Best ★ Giving Back to the Community



Principal: Ms Cath Whalan

Deputy Principals: Ms Kathy O'Sullivan  
Mr Alex Newcomb

17 August 2018 – Newsletter No. 24

## From the Principal

### Applications for Years 8 – 11 2019

Over 140 students sat the Higher Ability Selection Test (HAST), held last Saturday morning. Thank you to the staff who supervised the test.

### Subject Selections

Over the next few weeks, students from Years 8, 10 and 11 will be involved in processes to support their subject choices for 2019. The interviews for senior students and their parents provide an opportunity for students to reflect on their strengths, study skills and to carefully consider their Year 11 and 12 subject choices.

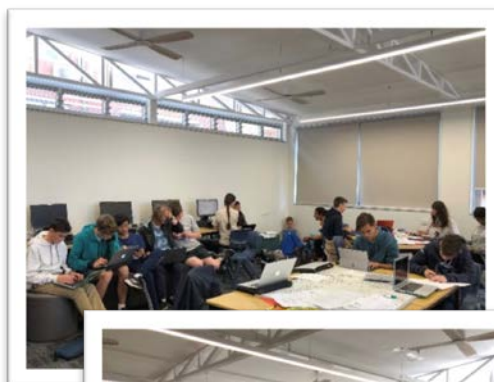
The Year 9 2019 Course Information Evening, to be held next Monday evening, provides an opportunity for students and parents to ask questions about the electives on offer and see examples of the work covered in the different courses. All Year 8 parents and students are encouraged to attend to ensure they make informed choices regarding their electives.

### Write a Book in a Day

On Thursday, 55 students from Year 8 and 9 participated in the *Write a Book in a Day*, raising funds for The Kids Cancer Project. The morning started enthusiastically with a countdown to 8am signalling the start of a fun, collaborative and creative day. The new Library Learning Space

provided an excellent venue for students to work together to produce their books.

Special thank you goes to Kathy O'Sullivan for her passionate and enthusiastic coordination of this annual event and to Alex Newcomb and other staff members who gave their time to ensure the day was such a success.



**NBSC Manly Campus**

138 Abbott Road, North Curl Curl NSW 2099

Phone: 9905 3982 / Fax: 9905 777 / Email: [nbscmanlys-h.school@det.nsw.edu.au](mailto:nbscmanlys-h.school@det.nsw.edu.au)

P&C website: [www.manlypandc.org.au](http://www.manlypandc.org.au)

## City to Surf

Thank you to all those who assisted in the City to Surf fundraising event last Sunday. Your efforts raised much appreciated funds for the Bands of Manly program and demonstrated your commitment to fulfilling the school ethos of *giving back to the community*.



## Congratulations to:

- Ashley Hanna (Year 9) who was named MVP in the Manly Sea Eagles u16 division team's championship win at the 2018 ANZ State Cup on the weekend.



In this regular feature we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of *academic excellence, personal best* and *giving back to the community* deserve to be recognized. Parents are invited to phone or email the school any achievements we may not be aware of for inclusion in *The Weekly Pines*.

Cath Whalan  
Principal

## From the Deputies

### Dance Like Nobody's Watching...

In a conversation one of us had with a student this week, they discussed their fear of performing in front of peers. This was surprising, as this student was a talented, experienced actor and singer who has performed confidently on many occasions.

There was a discussion with this student about the difference your audience can make, and how it is often easier to perform in front of complete strangers rather than those you see on a day-to-day basis. We considered the fact that often people can think that their peers, unlike strangers, will remind them of their mistakes and give rise to feelings of inhibition.

If we are not doing harm and our intentions are good, then why should we care so much about what others think of us? After all, the peers whose opinions really matter are those that should be encouraging us to pursue our passions, put ourselves out there and take positive risks. Those who choose to criticise, put-down or discourage our efforts are often reflecting their own insecurities or feelings of inadequacy. People who act in this fashion are often the most inhibited in their own pursuits; living an existence below their potential.

The truth of the matter is that most people understand and appreciate the courage it takes to get up in front of others and share their passion. This doesn't mean that people will always like what you do, but if their opinions really matter they will respect your intentions and effort. So, as Mark Twain once wisely said:

*"Dance like  
nobody's watching;  
love like you've  
never been hurt.  
Sing like nobody's  
listening; live like it's  
heaven on earth."*



Alex Newcomb (DP – Year 8, 10 & 12)  
Kathy O'Sullivan (DP – Year 7, 9 & 11)

# NSW School Vaccination Program

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

The following vaccinations are taking place in Term 3 and 4.

## Year 11

Meningococcal ACWY vaccine  
Single dose on 23/8/18

## Year 7

Human papillomavirus (HPV) vaccine  
(2 doses at least 6 months apart)  
Dose 1 completed  
Dose 2 on 30/10/18

**The Year 11 meningococcal vaccinations are on Thursday 23 August 2018 (Week 5)**

**Any outstanding consent forms must be returned to the front office immediately.**  
**Spare forms can be obtained from the office or outside the CAPA staffroom.**

Vaccinations will occur during class time, with the schedule published in the daily notices throughout the week prior (week 4). Students who are nervous about receiving their vaccination should see Ms. Leviton in the CAPA staffroom prior to the vaccination date to be scheduled at a more private time.

Parents of Year 11 students who are not going to be vaccinated as part of the school program do not need to return the form, but it is requested that you email Ms Naomi Leviton (school immunisation coordinator) at [naomi.leviton1@det.nsw.edu.au](mailto:naomi.leviton1@det.nsw.edu.au) to confirm this.

Year 8 students who missed an HPV dose last year and are due for a catch-up will be informed.

*Parent Information Kits* that include an information sheet, consent form and privacy

statement have been/will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child wears loose, short sleeves to allow the nurses to easily access the student's upper arm (loosest school shirt)
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at <http://www.health.nsw.gov.au/immunisation>.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form (within 1 business day). Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

## P&C WORKING BEE

**Help needed to finish off the seating around the tree!**

**We have enough volunteers already for this Sunday but help is needed for this Saturday 18 August, from 12 noon**

**For more information or to RSVP please email Heather Sheldrick on**

**[nickandh@yahoo.com](mailto:nickandh@yahoo.com)  
or phone 0414 818 380**

## Year 8 into 9 Subject Selection Information Evening

**Monday 20 August 2018**

**6:30 – 7:30pm in the hall**

We look forward to seeing all students accompanied by a family member at this very important event.

## Uniform Focus Group

Parents are invited to the uniform focus group to discuss uniform expectations at NBSC Manly Campus.

**Monday 20 August 2018**

**4:30-5:30pm, in the library**

Afternoon tea will be provided.  
RSVP by 11am Monday 20 August to the front office on 9905 3982.

## Trivia Night

Trivia night is shaping up to be a great night!

*Tickets are still available!*

book now through [trybooking](#).

### Gift basket donations needed!

Thank you to those who have already donated items for the gift baskets. We rely on the generous donations from NBSC Manly Campus families to help fill our gift baskets. We still need many more items to make enough bountiful baskets for the evening.

Please drop your much appreciated donations into the office by 1 September.

**Year 7** – Chocolate

**Year 8** – Blokes

**Year 9** – Ladies

**Year 10** – Gourmet Food (non-perishable)

**Year 11** – New Books

**Year 12** – Wine, Beer, Spirits

See the flyer at the back of *The Weekly Pines* for more details!

## SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

**Next open Tuesday 4 September  
8:15am-9:30am**

**Open before school on the first Tuesday  
and the third Thursday of the month  
8:15am – 9:30am**

Coordinators Marg Martin & Chris Schaller  
Please contact us if you would like  
to place an order

[margaret.martin@optusnet.com.au](mailto:margaret.martin@optusnet.com.au)

[christins@ozemail.com.au](mailto:christins@ozemail.com.au)

**Donations of washed good quality uniforms are  
most welcome and can be left at the school office  
Proceeds go to the P&C for school improvement  
projects**

For second hand band blazers (buy & sell) please  
contact

Diane Turner: [moogiet@optusnet.com.au](mailto:moogiet@optusnet.com.au)

For new and preloved band polo shirts please  
contact

Kim Luong: [kimmanlyband@gmail.com](mailto:kimmanlyband@gmail.com)

## SAVE THE DATE

**P&C Volunteers Thankyou  
Wednesday 19 September, 6:30pm**

## SAVE THE DATE

**Year 12 Farewell Assembly  
Wednesday 26 September  
10am – 12noon**

# Careers Matters



## Facebook page

Find us at [NBSC Manly Selective Campus Careers](#) and LIKE our page to receive regular posts about all Careers-related news and information!

## University Open Days

At assembly this week, all Year 10 and 11 students received a flyer detailing upcoming University open days. If you missed out, here is the link:

<https://www.uac.edu.au/assets/documents/schools/uni-open-days-2018.pdf>

Check the relevant university websites before you go to see if you need to book your place into any seminars, lectures etc., and plan your day accordingly.

## Manly Campus Lunchtime workshops

- Week 6
  - Monday 27 August: Macquarie Uni scholarship information
  - Thursday 30 August: UNSW Co-op Scholarship information
- Week 7
  - Monday 3 September: Macquarie Uni Co-Op Scholarship information
  - Tuesday 4 September: Sydney Scholar's information

## Year 10 Careers

- Volunteering – Please ensure that you have completed 10 hours of volunteering hours and have these signed off by Mrs Colby or Mrs Rixon in your booklet ASAP.
- Work Experience – All paperwork should now be completed and submitted. If there is a problem with your work experience placement, please see Mrs Colby ASAP.
- Australian Business Week – If you are choosing to do ABW instead of work experience, add your name to the list outside the Careers office.
- Career passports – Keep acquiring your domestic and international stamps to be in the running for the end of year Careers prize!

## Year 12 Careers

- Post-trial interviews – Book an interview to discuss Careers related issues via the *School Interviews* website, using the code **z4ajs**
- USYD Leadership Award – Applications: [https://sydneyuniversity.formstack.com/forms/leadership\\_northern\\_beaches\\_manly](https://sydneyuniversity.formstack.com/forms/leadership_northern_beaches_manly) Closing date is 19/08/18

## Careers Contacts

### Careers Advisors

Ms Deb Rixon [deborah.rixon@det.nsw.edu.au](mailto:deborah.rixon@det.nsw.edu.au)

Ms Donna Colby [donna.colby@det.nsw.edu.au](mailto:donna.colby@det.nsw.edu.au)

### Manly Campus Careers Website

[www.manlyselectivecampuscareers.com](http://www.manlyselectivecampuscareers.com)

[Follow us on Facebook](#)





### **Thank you: City to Surf Fundraiser**

Congratulations to the wonderful group of 70 students and parents who braved a 5am start, volunteering at last Sunday's City to Surf to raise vital funds for the Bands of Manly Campus. The students were allocated the task of collecting 20,000 plus bags from the first trucks way before the sun had come up or the race even started. The bags were magically sorted into order. The look on runners' faces when they were handed their bag from the students not long after crossing the finish line was priceless.

Special thanks to parent Monique Pardavi for her calm and enthusiastic coordination of our volunteer group before and during the event.

### Year 10 volunteer winners

Year 10 students had the largest turnout of City to Surf volunteers and are therefore the winners of the 10kg chocolate award.

### Year 10 generous hearts

The Year 10 students took a vote and decided that the funds that were to be allocated to purchase the reward chocolate, will instead be donated to the 40-hour famine. We take our hats off to them for their volunteering on Sunday and to their spirit of giving back to their world.



### **Junior Band Concert at Manly Public School, Thursday 23 August**

Concert, Swing and Stage band are performing for one of our local primary schools next week.

Reminder to please bring in outstanding permission forms on Monday and order your band polos at Pickles School Wear by this weekend.

### **Joint SB and SwB rehearsal Thursday 23 August, 7:20 am**

**NEW EVENT**

Stage band to join Swing Band on Thursday morning before the concert at Manly West.

### **Term Three Band Meeting, Monday 20 August, 8pm, library**

Everyone is welcome at the Term Three band meeting. Come to meet fellow band parents and hear what is coming up for band. Being involved in the band program is very rewarding and a great way to be connected to your child and peers, to other parents and to the school.

### **Volunteers needed to help revamp band transport equipment**

We are looking for a parent or two who can assist Craig and Mark revamping cases and other gear needed to transport music and equipment easily and safely.

Tasks such as purchasing standard suitcases with wheels for the music, new tool boxes and plastic bins for leads. It will be especially important to have this done before flights on the Europe tour. A valuable but not time-consuming job that can be done in your own time over the coming months. Please contact [Sarahdowse@gmail.com](mailto:Sarahdowse@gmail.com) to volunteer.

### **String Ensemble Workshop Friday 24 August**

In preparation for the Australian Orchestral Festival, SE will rehearse from 3:30-5pm in the performance space.

### **Save the Date - all Manly Campus families**

### **Musicale 2019, The Independent Theatre North Sydney, Saturday 22 September, 7pm**

This is our band program's premier event and a wonderful night to attend. The senior wind and jazz bands and the strings groups will perform and we showcase and farewell our Year 12 students.

Start planning your night. Bookings will open soon.

### **Manly Jazz Festival, 29 September- 1 October**

Congratulations to Jazz Orchestra and Jazz Combo for being selected to perform at the festival which takes place on the first weekend of the school holidays.

We encourage all band families to put these times in your diaries and enjoy their music in Manly.

#### **Jazz Combo: Saturday 29 September**

12:30-1:15 pm St Matthews Church

#### **Jazz Orchestra: Sunday 30 September**

5- 6pm: The Corso, Jazz Stars of the Future stage, outside Manly Council Chambers

#### **Band Dates for Diaries**

#### **Term Three**

**Term 3 Band Meeting, Monday 20 August at 8pm,** library- All welcome.

**Joint SB and SwB rehearsal, Thursday 23 August, 7:20 am** in jazz lounge- SwB/SB

**Concert at Manly West Primary School, Thursday 23 August at 12pm-** CB and SwB/SB

**String Ensemble Workshop Friday 24 August, 3:30-5pm,** Performance Space- SE

**Round 2: Fine Music 102.5 School Jazz Combo competition, Saturday 1 September,** Fine Music Studios, St Leonards- JC (time TBA)

**Australian Schools Orchestral Festival Sunday 2 September** SE arrive 3pm, CO arrive 4:22pm

**WE concert at the Verbrugghen Hall, Sydney Conservatorium, Monday 3 September, 6:30 pm**

**Community performance, Venue TBA, Saturday 8 September,** Covers Band, 12 pm (time TBC)

**Intermediate Band Tour, Port Stephens 17-20 September** WE/BB

**Musicale rehearsal at MSC hall, 3- 5pm** (time TBC)- SWO/JO/CO/SE

**Musicale at The Independent Theatre, North Sydney, Saturday 22 September,** student arrival 1:30 pm (TBC), 7pm concert start, SWO/JO/CO/SE

**Year 12 Farewell Assembly, Manly Campus, 26 September,** Combined SwB/SB

**Manly Jazz Festival, 29 September, 12:30- 1:15,** JC

**Manly Jazz Festival, 30 September, 5-6pm,** JO

#### **NEW DATE – NOW TERM FOUR:**

**Europe 2019 Tour meeting for parents and students, Tuesday 30 October ,7:30 pm**

#### **Band Names**

##### **Wind Stream:**

SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band

##### **Strings Stream:**

SE~String Ensemble; CO~Chamber Orchestra

##### **Jazz Stream:**

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB- Swing Band; JC- Jazz Combo; Covers Band

---

# Term 3 Calendar

Please check the dates closer to the event

Week 5A	
20/08/2018-23/08/2018	Year 11 into 12 interviews
20/08/2018	Silver Duke of Ed Qualifying Pack & Paddle option 1
20/08/2018	Year 8 Science Techno Manly exhibition day
20/08/2018	Year 9 Forensic Science Incursion
20/08/2018	Uniform Focus Group, in the library 4:30pm
20/08/2018	Year 8 into 9 Subject Selection Evening, 6:30pm in the hall
20/08/2018	Band Meeting Term 3, in the library, 8pm
21/08/2018	Year 11 SRC Executive Elections in the Common Room, P1
21/08/2018	Year 9 SRC Elections in the common room, P3
21/08/2018	Silver Duke of Ed Qualifying Pack & Paddle option 1
21/08/2018	Year 8 SRC Elections in the common room, P5
22/08/2018	Year 7 SRC Elections in the Common Room, P1
22/08/2018	Year 10 SRC Elections in the Common Room, P2
23/08/2018	Year 10 History and Geography Excursion
23/08/2018	Applications for School Captain close
23/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 2
23/08/2018	Year 11 Vaccinations, in the library
23/08/2018	Concert at Manly West PS CB and SwB/SB, 10:40am -1:50pm
24/08/2018	Year 7 Planetarium Incursion
24/08/2018	KO Boys Squash
24/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 2
24/08/2018	Tournament of Minds incursion, in the library, 7 students, 9am
25/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 2
26/08/2018	Tournament of Minds at Roseville College, all day
Week 6B	
27/08/2018	School Captain candidates interviews with Principal
27/08/2018	Praxis Good Game Pitches
28/08/2018	Year 7 Geography Excursion
28/08/2018	PISA testing
28/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 3
28/08/2018	Year 11 music incursion, P3
29/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 3
29/08/2018	Year 10 PDHPE BStreet Smart excursion

Week 6B Cont.	
29/08/2018	Principal's Tour for Year 7 2019, 9:30am, bookings via reception 9905 3982
30/08/2018	Silver Duke of Ed Qualifying Pack and Paddle option 3
30/08/2018	Wear it Purple Day assembly
31/08/2018	Science Techno Finals for NBSC (Manly, Balgowlah, Mackellar & Cromer), in the hall
31/08/2018	Year 10/ 11 Drama Audience Drama HSC
1/09/2018	Round Two date of Jazz Combo perform live on Fine Music 102.5
2/09/2018	Australian Schools Orchestral Festival -SE, CO, Sydney Con
Week 7A	
3/09/2018-7/09/2018	Year 10 Student Interviews
3/09/2018	WE Concert with TAU, Sydney Con
4/09/2018	Pinestock, 11am-2:40pm
5/09/2018-7/09/2018	CAPA art exhibition
5/09/2018	State Athletics, Homebush, all day
5/09/2018	Year 11 Extension English Incursion, Project Showcase: Session 1: Periods 1-2 (9-10am) Session 2: Periods 4-5 (1-3pm)
7/09/2018	State Athletics
8/09/2018	Trivia Night, 7pm
Week 8B	
11/09/2018	Year 7 Snaketails incursion, in the hall, 10-11:20am
11/09/2018	SRC Induction Ceremony, 11am
12/09/2018	Principals Tour, Bookings essential via reception on 9905 3982
12/09/2018	Colour Run, 12-2:30pm
12/09/2018	P&C meeting, 7pm in the library
13/09/2018	Year 11 Farewell assembly
Week 9A	
17/09/2018-28/09/2018	Year 11 Preliminary Examinations
17/09/2018-20/09/2018	Intermediate Band Tour
19/09/2018	Food Trail 1 8T4
19/09/2018	P&C Volunteers thank you , 6:30pm
21/09/2018	Musical finale rehearsal, in the hall following exams
22/09/2018	Musical - SWO, JO, SE, CO
Week 10B	
24/09/2018-28/09/2018	Year 11 Preliminary Examinations
25/09/2018	Europe 2019 Tour rehearsal, 7:30pm
26/09/2018	Year 12 Farewell Assembly, 10am-12 noon